

Instruction :

- 1. The Question paper contains 5 parts A, B, C, D, E. Consists of Section I, II, III, IV, V, VI, VII, VIII.**
- 2. All the parts are Compulsory.**
- 3. The answer should be written completely either in English or Kannada.**

PART-A

I. Select the correct alternative from the choices given/Answer the following questions by choosing the correct answer. 5x1=5

- Who proposed the uni-factor theory?
a) Louis Thurston b) Robert Sternburg c) Chorles Spearman d) Alfred Binet
- A person resorting to child-like behaviour in stressful or critical situations
a) Displacement b) Sublimation c) Rationalization d) Regression
- Schizophrenia means
a) Split mind b) Two Sides c) Like d) None of the above
- The necessary State of readiness for a person to become motivated
a) Prejudice b) Attitude c) Social distance d) Stereotypes
- Psychoanalytic therapy was developed by
a) Sigmund Freud b) J B Watson c) B.F.Skinner d) Maslow

II. Fill in the blanks by choosing the appropriate words from those given in the brackets. 5x1=5
[Williamson, OCD, Mask, Life-skill, crowd]

- 'Persona' means
- Suggesting adaptability to everyday problems.....
- An unwanted, unpleasant thought that repeatedly enters a person's mind.....
- Collection of people, who may be present at a place by chance.....
- Directive counseling proposed by

III. Match the following

5 x 1=5

11.

1. WBC	A. Hostile action
2. Irrational fear	B. Earthquake, Tsunami
3. Antilocution	C. Group therapy
4. Natural disasters	D. Anxiety
5. Treating 5 - 10 people together	E. White Blood Corpuscles

IV. Answer the following question in a word or a sentence.

5 x 1=5

12. What is 'crowding'?
13. Define Personality
14. Mention two general skills a psychologist must possess.
15. Who developed Logo Therapy?
16. What is seasonal affective disorder?

PART –B**V. Answer any SEVEN of the following questions in 2 to 3 sentences each.****7x2=14**

17. Differentiate between intrapersonal and interpersonal communication
18. What is pro-environmental behaviour? Mention any one such behaviour?
19. Differentiate between primary and secondary groups. Support your answer with relevant examples.
20. Who modified the Bogardus social distance scale to suit the Indian population? What observations were made based on the responses?
21. Mention any two disadvantages of projective tests.
22. List the uses of intelligence tests.
23. What is 'token economy'?
24. What is social facilitation?
25. Explain the role of the preconscious and conscious mind.
26. Who popularized the term 'emotional intelligence? What is Emotional Quotient [EQ]
27. What are the differences between problem-based and emotional-based coping?
28. What is eclectic therapy? Highlight its advantages and disadvantages.

PART –C**VI. Answer any SIX of the following questions in 10-12 sentences****6x4=24**

29. Highlight the essential characteristics of a good and effective counselor.
30. Explain the terms 'aggression' and 'violence'. Explain the strategies to reduce aggression and violence.
31. How does a group affect its members? - Explain group functions.
32. What is attitude? Explain the processes involved in attitude change.
33. What is Somatoform disorder? Explain the different types.
34. Explain General Adaptation Syndrome [GAS]
35. Write a note on Friedman and Rosenmen's theory of personality
36. what was the study by Terman and Merrill? What factors influence intelligence?
37. Write a note on - bio-medical therapy
38. Explain the psychological characteristics and effects of poverty and discrimination.

PART –D**VII. Answer any TWO of the following questions in 20-25 sentences****2x6=12**

39. Define Counseling. Explain in detail the stages of counseling
40. Define Mental Retardation. Explain the APA classification of mental retardation.
41. Explain the Psychosexual Stages of development
42. Explain the types of anxiety disorders.

PART –E [Practical Part]**VIII. Answer any TWO of the following****2x5=10**

43. Explain the plan and procedure to study the stereotypes of your subject.
44. Write the plan and procedure you have followed to study intelligence of your subject using GMA.
45. Write the plan and procedure you have followed to study the effect of fatigue on mental co-ordination.
